

ABSTRACT

The present invention provides a recording method capable of reliably associating additional information for data of a decoding/reproduction unit with the decoding/reproduction unit for a case in which data of a read/write unit for a recording medium includes a plurality of aforementioned decoding/reproduction units. Time-series information is compressed before being recorded on the recording medium. Management information added to data of each decoding/reproduction unit of the compressed time-series information as management information for a decoding/reproduction process is also recorded on the recording medium. Additional information for data of a decoding/reproduction unit is also recorded on the recording medium by being associated with management information for a decoding/reproduction process of data of the decoding/reproduction unit.